

**Bible Verses:**

Psalm 37:4, Colossians 3:13, Romans 3:23, Romans 5:8

**Jason Martinkus:** [www.redemptiveliving.com](http://www.redemptiveliving.com)

**Resources:**

[www.fightthenewdrug.org](http://www.fightthenewdrug.org)

*Torn Asunder-Recovering from an Extramarital Affair* (Author-Dave Carder)

## Podcast 02: Sexual Integrity: Train Wreck

Romans 8:28 reads, “*And we know that for those who love God all things work together for good for those who are called according to his purpose.*” Is this really possible—even for someone who has experienced so much destruction by infidelity and sexual integrity issues? Honestly, sexuality is one of the darkest, most terrifying places in a man’s life to deal with and address. Shame. That’s the biggest hurdle, isn’t it? There’s so much shame involved. How can a man ever crawl out of his pit into the promise that God can redeem even the most broken parts of our lives?

As Jason Martinkus shared; it starts with getting honest and being real. This *is* the most difficult step to take. To own this kind of shame and failure may seem like an impossible task—to speak (out loud) this thing that we would rather die than admit to. To make that confession takes guts...and it risks rejection from the people we love the most. There’s a lot at stake. But, there is more waiting to be destroyed unless we start by telling the truth.

Jason stated, “*You really come to know who Jesus is when you come to the end of yourself.*” Jesus said something similar in Luke 14:33, “*Those of you who do not give up everything you have cannot be my disciples.*” Grace only becomes clear when we feel the weight and gravity of our sin—and are willing to own it for what it is. John Chapter 8 promises that the *truth will set us free*. We have to come to the end of our selves (and our pride and desires) before we can ever experience the power of God to redeem, and restore, our brokenness.

There is something special about being able to look your spouse and/or your closest friends in the eye and think, “*This person sitting next to me knows everything there is to know about me—from the best to the worst there is to know—and still chooses to sit beside me.*” – What would you do to get that? You have this opportunity to do *the next right thing*. It is the path to hope. Never give up... Always fight for your marriage and sexual integrity.

Love is not a fight, but it’s something worth fighting for.

—Luke Burgett

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- **Read Luke 14:33.** Why can’t you be a follower of Jesus until you give up everything?
  - Have you been honest with your wife or closest friends about your sexual integrity struggles? How have you seen your shame become a hindrance in your relationships?
  - How do you think your marriage or your friendships would change if you were completely honest with those you’re closest to? What’s stopping you from being fully transparent with them? Be brave. Try to open up this week and be fully known by someone who means the most to you.