

## LEADER OVERVIEW - FEBRUARY WEEK 1

**Text:** Psalm 139:1-16

**Objective:** For Young Adults to understand God's intimate relationship with them and to turn and pursue intimacy with Him as a result.

**Text Overview:** David writes this psalm about God's deep understanding of him. This plays into God's presence, God's knowledge of every part of the world and our lives, and how God created us beautiful and wonderful, which is our identity as people made in the image of God.

**Text Explanation:** God knows every detail of our life. He knows when we wake up and when we go to sleep. He knows the future and the past completely. He was intimately involved in our creation. And He sees all these things through the lens of love. David acknowledges he does not need to worry about the future, where he will go or what decisions he will make. David can live in the right now because he can trust wherever he is and will be, God is there. God has His hand on David and He is leading him. God has ordained every moment. Even when dark challenges arise, David can trust whatever deep darkness he experiences, God's love goes deeper still. No matter how isolated David feels, he knows he is never alone. We can lean into intimacy with God in every situation. The way God knows us is far deeper than anyone else could ever know us. Our identity as people made in the image of God is rooted in the words "fearfully and wonderfully made." No person was put together accidentally or quickly but with extreme care. Our identity is not in our success or what others think of us, but in being a wonderful work of God (v. 14).

**Discussion Instructions:** The main thread of these discussion questions is one word: *intimacy*. God knows us fully, more than anyone, and this should change how we live. When we live close to God, we understand that he holds our future in his hands, and the future is good with Him. We don't have to worry about tomorrow because God has that taken care of. We can live to know Him, to love Him, and to love people. Our identity is not rooted in what other people say about us or how "successful" we are but in the truth that God put blood, sweat and tears into our creation. We are worth knowing to God. We may be small, but God cares enough to know every detail of our lives. As a result, we should live our lives with intention and care, knowing that God is just as invested in our lives as we are.

The questions get at a few specific ideas: What does it mean that God knows me and why does it matter? How does God see me and what is my identity? How can I trust God with tomorrow? How can God and I have intimacy? This Psalm addresses all these topics that are crucial in the believer's life.

## DISCUSSION QUESTIONS - FEBRUARY WEEK 1

*Read: Psalm 139:1-16*

1. When in your life have you felt closest to God?
2. What does it mean that God has searched and known us?
3. What does it mean for you to be fearfully and wonderfully made? Do you struggle to see yourself that way?
4. Since God knows what will happen tomorrow, how does this change your view of right now?
5. What moments in your life are hard to see that God has ordained? (see v. 16)
6. Seeing how God knows you intimately already, how can you build a more intimate relationship with Him?

